



PROF. PEAR SAYS

**"EAT YOUR 5 FRUIT AND VEGGIES
A DAY AND BECOME
A SUPER DUPER HEALTH KID!"**

You have been awarded the



Certificate for Healthy Eating

for bringing a healthy lunch box to school that consisted
of whole wheat bread, fruit or veggies and healthy treats

at _____ school

for the period of

_____ to _____

Well done! Keep up the healthy eating!

Teacher



Pick n Pay 
School club