

BACK-TO-SCHOOL ROUTINE CHECKLIST

Before School	M	T	W	T	F
Make your bed					
Eat your breakfast					
Brush your teeth					
Wash your face					
Brush your hair					
Get dressed					
Pack your lunchbox and water bottle					
Go to school and have a great day!					

After School	M	T	W	T	F
Change into civvies					
Unpack school bags					
Wash your hands with soap and clean water					
Eat a healthy snack					
Enjoy playtime					
Do your homework and place back in school bag					

The Evening	M	T	W	T	F
Eat dinner					
Take a bath/shower					
Get into pajamas					
Brush your teeth					
Brush your hair					
Lay out tomorrow's clothes					
Read a bedtime story					