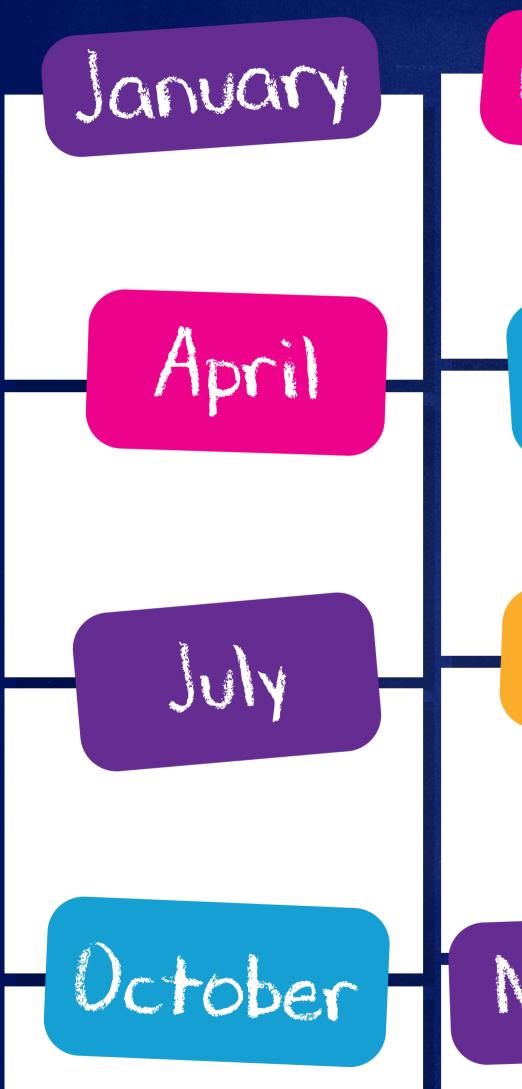
CODY OTTOOY



February

May

June

September

November December



I Promise to:



Eat more fruits and vegetables every day





Have milk, maas or yoghurt every day





Eat breakfast every day





Drink more water every day





Move more







#DayOne

1 knowyouryoghurt

knowyouryoghurt