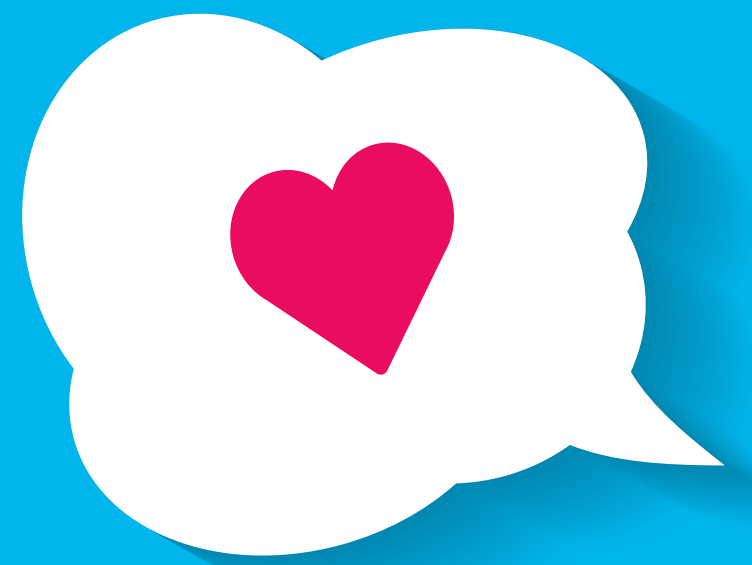


17 February 2021

Random Acts of Kindness Day





**Give someone
a compliment**

**Donate old
books or clothes**





**Support a
small business**

Pick up litter





**Be kind to
yourself**

**Volunteer at
a charity**

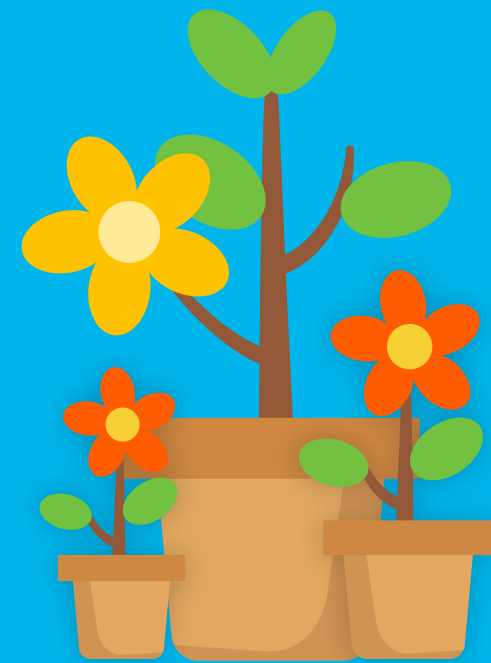




**Help an older person
with their groceries**

**Give a meal to someone
less fortunate**





Plant a tree

