



CHILDREN'S RIGHTS



I am a child and I have rights too.
Here are my rights:



I have a right to family care and personal care.



I have the responsibility to show love and respect to others.



I have a right to basic nutrition.



I have the responsibility to not be wasteful.



I have a right to shelter.



I have the responsibility of keeping my living space clean.



I have a right to basic health care services.



I have the responsibility of staying healthy.



I have a right to an education.



I have the responsibility of going to school.



I have a right to protection.



I have the responsibility to report abuse and neglect.

If you feel that your rights are being ignored, please speak to someone you trust such as a parent, teacher, friend, police officer or family friend.

They can call the following numbers for help:
Department of Social Development Hotline: **0800 220 250**
After hours: **082 227 0478**
Childline: **0800 055 555**

