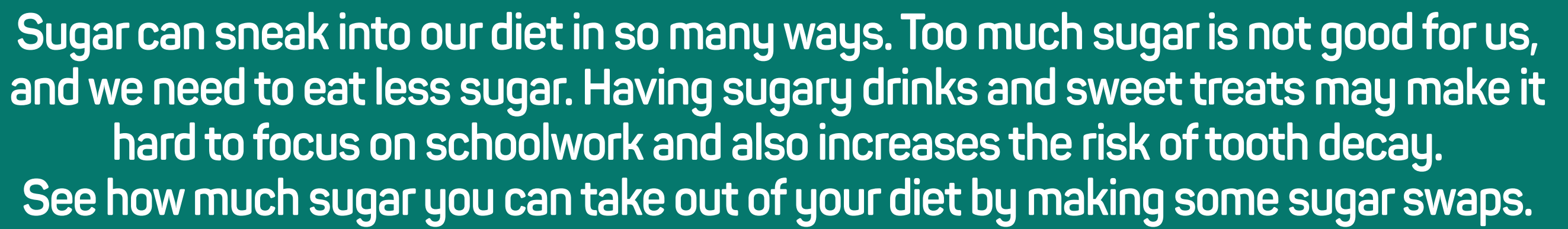


Choose well to live well!

**MAKE THESE**

**SUGAR SWAPS!**



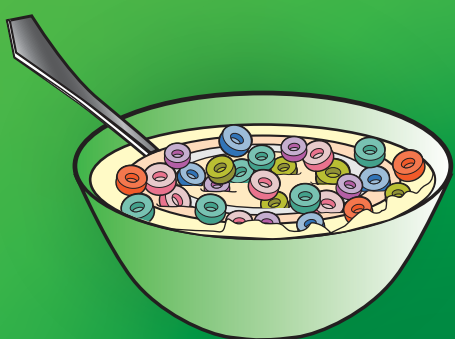
A simple illustration of a silver spoon, oriented diagonally with the bowl at the bottom left and the handle extending towards the top right. The spoon has a smooth, reflective surface with a highlight on the upper curve of the bowl and the handle. The background is a solid, vibrant red.



Three spoons with white cream on an orange background. The spoons are arranged in a triangular pattern, each holding a dollop of white cream. The background is a solid orange color.

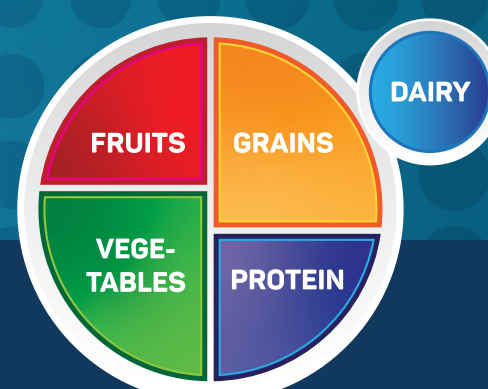


An illustration of a smartphone displaying a recipe for 'Full Fat Cheddar' crackers. The phone is propped up against a box of 'Salted Crackers'. The phone screen shows a recipe card with a '3' in a green circle, indicating a 3-minute prep time. The recipe title is 'FULL FAT CHEDDAR' and it lists ingredients: 1/2 cup butter, 1/2 cup cheddar cheese, and 1/2 cup flour. The box in the foreground is brown with a blue label that says 'SALTED CRACKERS' and features an image of a cracker with a green leaf. There are also small circular icons on the box, one of which says 'RECIPE'.



**LIVEWELL**  
no name  
**QUICK COOKING OATS**

100% WHOLE GRAIN



**Pick n Play**  
School Club